Notice of Race

Rules and Exceptions

Except were explicitly stated otherwise within this Notice of Race, all racing shall be governed by WorldRowing Rules of Racing, especially as they apply to Coastal Rowing (Appendix R18) and Beach Sprint Rowing (Appendix R19).

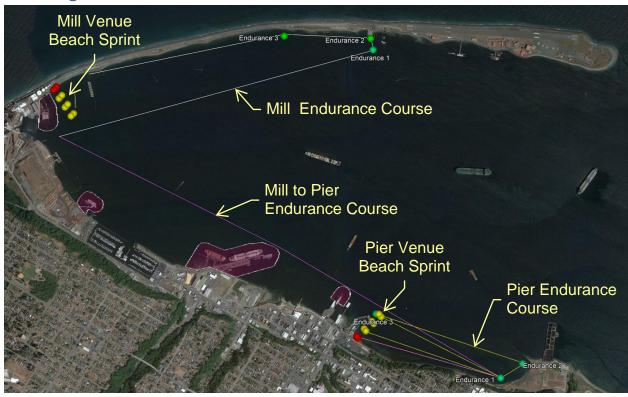
https://worldrowing.com/technical/rules/

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https://d2cx26qpfwuhvu.cloudfront.net/worldrowing/wp-content/uploads/2022/02/21114201/FISA-rule-book-EN-2022.pdf#page=331

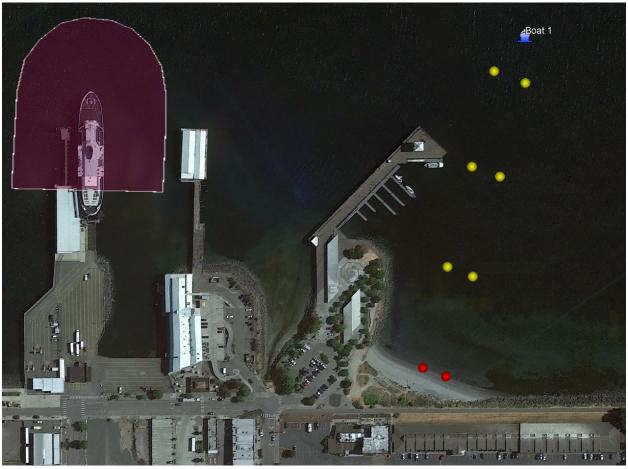
- 1. Possibility of Coastal "style" of boats that do not meet FISA requirements, but all boats raced head-to-head within a venue will be identical make and model. (Also affects Rules 7 and 8).
- 4. Age Categories: This regatta will have more age categories than specified in the coastal regulations. Initially the age categories will be U16, U19, AA-A, B-C, D-J. Those age categories might be adjusted based on the number of entrants in each category leading up to the event.
- 5. Only the C1x and C2x boat classes will be used. The Coxed Quadruple Sculls will not be part of this regatta.
- 9. The first 2 course markers might be 30 cm diameter round balls and the farthest turning buoys might be 50 cm diameter round balls. The race format shall be Slalom out/straight back.
- 13. Competitors can wear whatever they want and do not need to show their family name or country code on their clothing. Team uniforms are still encouraged but not required.

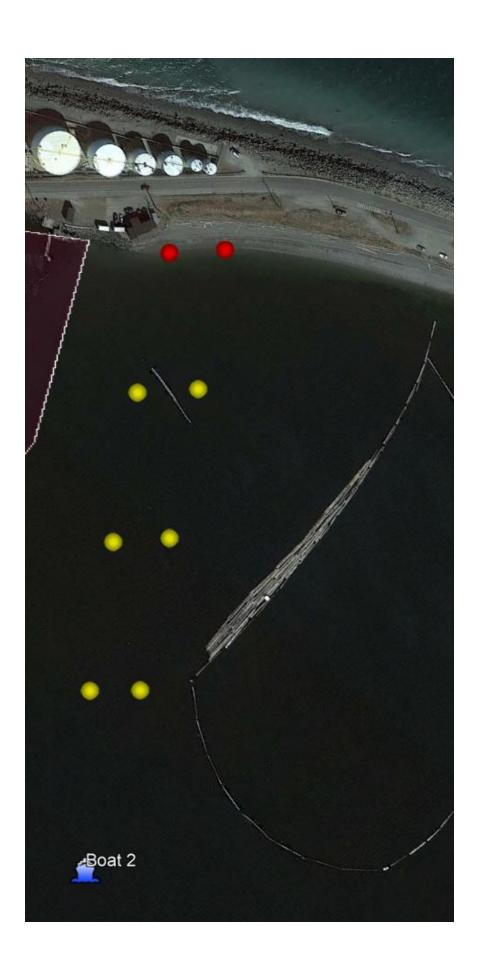
Port Angeles Harbor



Courses







Coastal Endurance







Schedule

The schedule has also been designed to take advantage of the typically calm mornings. All the youth younger than 16 and adults older than 42 will be off the water by 12:30 or so, and the doubles are in the afternoon.

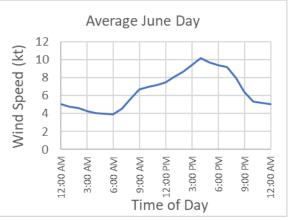
Weather Conditions

Typical June Winds

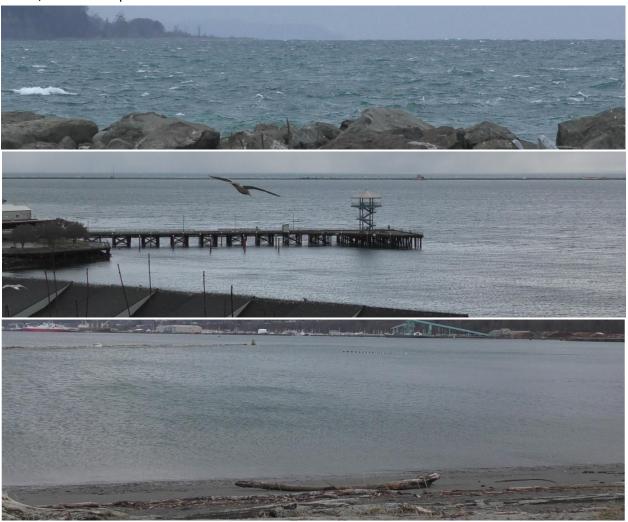
The Strait of Juan de Fuca is often quite windy in summer afternoons, driven thermally by higher temperatures inland than over the Pacific Ocean. This chart shows the general trend, with hourly

average windspeeds averaged over the last three years. As you can see, the calmest time of day is 6:00 AM, with windspeeds gradually building until 4 PM, and dropping fairly quickly for the few hours before sunset. Although this chart makes the winds seem fairly benign, keep in mind that it is a three-year average of hourly average wind speeds, so spikes in wind speeds are averaged against lulls.

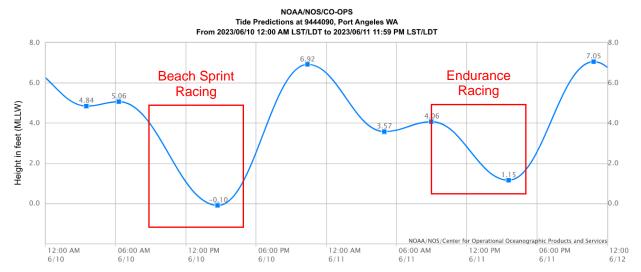
However, the courses have been chosen intentionally to minimize the effects of the wind and waves. The following pictures are all taken within a few minutes



of each other, during a 20-knot day on December 18, 2022. The first picture shows the conditions on the outside of Ediz Hook, with no protection from the wind or waves. The second picture shows the Pier venue, and the last picture shows the Mill venue.



Tide Levels for June 10-11 2023



Note: The interval is High/Low, the solid blue line depicts a curve fit between the high and low values and approximates the segments between. Disclaimer: These data are based upon the latest information available as of the date of your request, and may differ from the published tide tables.

	8 AM	9 AM	10 AM	11 AM	12 PM	1 PM	2 PM	3 PM	4 PM	5 PM	6 PM
Saturday, June 10											
(Beach Sprint)	4.85'	4.37'	3.57'	2.58'	1.59'	0.71'	0.07'	-0.08'	0.44'	1.51'	2.83'
Sunday, June 11											
(Coastal Rowing 5k)	3.97'	4.06'	3.91'	3.46'	2.85'	2.24'	1.66'	1.23'	1.20'	1.74'	2.71'

